

Hardin (HR) 2020 Rankings

County Demographics

	County	State
Population	16,868	3,156,145
% below 18 years of age	20.0%	23.2%
% 65 and older	22.0%	17.1%
% Non-Hispanic Black	1.5%	3.8%
% American Indian & Alaska Native	0.4%	0.5%
% Asian	1.0%	2.7%
% Native Hawaiian/Other Pacific Islander	0.0%	0.1%
% Hispanic	4.5%	6.2%
% Non-Hispanic White	91.7%	85.3%
% not proficient in English	1%	2%
% Females	49.8%	50.2%
% Rural	71.1%	36.0%

	Hardin County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
Health Outcomes					30
Length of Life					24
Premature death	5,600	4,200-6,900	5,500	6,200	
Quality of Life					37
Poor or fair health **	14%	13-14%	12%	14%	
Poor physical health days **	3.1	3.0-3.3	3.1	3.3	
Poor mental health days **	3.5	3.3-3.7	3.4	3.6	
Low birthweight	6%	5-7%	6%	7%	

Additional Health Outcomes (not included in overall ranking)

Life expectancy	80.2	78.9-81.5	81.1	79.4
Premature age-adjusted mortality	290	250-340	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	9%	9-10%	9%	10%
Frequent mental distress	11%	10-11%	11%	11%
Diabetes prevalence	13%	8-18%	7%	10%
HIV prevalence	61		41	98

Health Factors **45**

Health Behaviors **63**

Adult smoking **	15%	15-16%	14%	17%
Adult obesity	42%	35-50%	26%	33%
Food environment index	8.5		8.6	8.2
Physical inactivity	24%	19-31%	20%	24%
Access to exercise opportunities	85%		91%	83%
Excessive drinking **	19%	19-20%	13%	22%
Alcohol-impaired driving deaths	31%	16-46%	11%	27%
Sexually transmitted infections	404.7		161.4	441.6
Teen births	19	15-24	13	19

Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	11%
Limited access to healthy foods	4%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths			9	11
Insufficient sleep	28%	27-29%	27%	28%

Clinical Care

19

Uninsured	5%	5-6%	6%	5%
Primary care physicians	2,130:1		1,030:1	1,370:1
Dentists	1,300:1		1,240:1	1,500:1
Mental health providers	1,870:1		290:1	640:1
Preventable hospital stays	2,669		2,761	3,808
Mammography screening	52%		50%	51%
Flu vaccinations	59%		53%	53%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	6%	5-7%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,687:1		665:1	990:1

Social & Economic Factors

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High school graduation	93%		96%	91%
Some college	67%	60-74%	73%	70%
Unemployment	2.8%		2.6%	2.5%
Children in poverty	15%	10-20%	11%	14%
Income inequality	4.1	3.8-4.4	3.7	4.2
Children in single-parent households	26%	19-33%	20%	29%
Social associations	24.6		18.4	15.2
Violent crime	106		63	282
Injury deaths	54	39-71	58	67

Additional Social & Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.0		3.4	3.1
Math scores	3.0		3.4	3.1
Median household income	\$55,300	\$49,000-61,600	\$69,000	\$60,100
Children eligible for free or reduced price lunch	38%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white	44		14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests	56			37

Physical Environment

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Air pollution - particulate matter **	9.2		6.1	9.0
Drinking water violations	No			
Severe housing problems	7%	6-9%	9%	12%
Driving alone to work	83%	81-86%	72%	81%
Long commute - driving alone	22%	19-25%	16%	20%

Additional Physical Environment (not included in overall ranking)

Traffic volume	278			1,461
Homeownership	77%	75-79%	81%	71%
Severe housing cost burden	7%	5-9%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data